An inguinal hernia occurs when tissue or part of an organ bulges through surrounding muscle or connective tissue. Inguinal hernias happen in the groin and are the most common type of hernia.

Let's look at two patient pathways. One patient opts for laparoscopic or minimally invasive surgery (MIS) to repair an inguinal hernia. That’s when a doctor makes a few tiny incisions and operates using a camera and long, narrow tools.

The other chooses traditional open surgery, which requires a larger incision. This is what they can expect.

Which treatment would you choose?

For more information about the benefits of minimally invasive surgery, visit aboutmis.com.